

Product Name :
Paschimottanasana and Ardha Matsyendrasana Chart

Product Code :
CHARTSSUK-AS09LAB005B



Description :

Paschimottanasana and Ardha Matsyendrasana Chart

Technical Specification :

Materials: Laminated Paper.

Size:- 50 x 75 cm.

Fitted with superior plastic rollers.

Spine becomes flexible and Elastic, the Abdominal organs- Digestive system, Nervous system are toned up.

Available in English & Hindi combined.

Laminated with thick plastic film on both sides.

Available in English only also.



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